**How could I explain an executive functioning difficulty to another teacher or a parent?**

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| **SUMMARY:**  Efficient executive functioning allows a student to remember, analyse and problem solve.  This means being mentally flexible: being able to handle different situations in different  ways, especially to respond to new, complex or problematic situations. |

**READ ON TO LEARN MORE:**

A mentally flexible student



is able to

* See things from different perspectives
* Tolerate ambiguity and uncertainty
* Task risks willingly
* Adapt to change
* Learn from mistakes
* Solve problems in new ways

**Executive functioning skills can be learnt!**