**What general strategies enhance readiness for learning?**

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| **SUMMARY:**Learning strategies are dependent on the student’s exposure to * effective models of the use of direct, systematic and explicit instruction
* environments which provide opportunity for practice
 |

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| Direct instruction | We * teach a skill
* model the learning process
* guide the student to apply
* arrange for extended practice until student achieves mastery
 |
| Systematic instruction | We plan a sequence for instruction, similar to builder’s blue print for a house. The sequence is carefully thought out, builds upon prior learning and is strategic from simple to complex |
| Explicit instruction | We use direct explanation with learning clearly explained and modelled with no ambiguity or vagueness. Nothing is left to guesswork! |

**Learning occurs through stages,** whether a student is learning to tie shoe laces, read words or apply sensory or executive functioning strategies

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| Acquisition | when student is learning skill, their performance shows **errors**, and needs lots of verbal/visual prompts |
| Maintenance | ability to do skill **without errors** while being provided with verbal or visual prompts. Errors appear in new or different situation |
| Proficiency | ability to do skill **independently** |
| Fluency | ability to do skill with **flow and rhythm** automatically |
| Generalisation | ability to do **same skill in different place** / with different person |